Liberty Football Club

Carlos Correa Jr., Liberty Football Club player, boots the ball down field during Saturday's match against RAF Mildenhall. Mildenhall won the game 3 - 0. Liberty's next game is 2:30 p.m. Saturday at RAF Feltwell, where they meet Mildenhall again in the Mick McNeil Cup.



Photo by Kymm Kent

Sports Shorts

High school football

The RAF Lakenheath High School junior and varsity football teams host Heidelberg High School football teams Saturday. Junior varsity teams play at 10:30 a.m. and varsity teams play at 1 p.m.

Family health and fitness day

The sports and fitness centers at RAF Lakenheath and RAF Mildenhall host a family health and fitness day Sunday at High Lodge Park.

Events of the day include a five-kilometer fun-run, ten-kilometer family walk and a 10-20-kilometer bike ride. No preregistration is required. There is a picnic area to bring a lunch, and a £2 parking fee. From more information call Ext. 2170.

Friday night skating changes

The skating rink's Friday night hours return to open skating today. Hours are 7-11 p.m. and the rink is open to all ages. Children ages 10 and under must be under the constant supervision of an adult sponsor.

Previously, Friday night skating was for teenagers 13 and older. This skating session for teens had been instituted as a result of teenagers requests and surveys indicating there would be a significant increase of teenage skaters if they could skate without the younger children.

Because of low attendance levels since the start of the teen night, the skating rink has changed back to open skating on Friday nights.

For more information about the change call the skating rink at Ext. 1627.

Volksport '97

The RAF Lakenheath Community Activity Center, outdoor recreation and the swimming pool sponsor Volksport '97 Oct. 11 at Brandon Country Park. Preregistration is available until Oct. 9, or day-of-event for the walking portion. Entry is free. Medals and stamps will be available to purchase. Start time for the short walk, long walk and cycle portions is 8 a.m. and the swim start time is noon. Registrations are accepted at outdoor recreation, the swimming pool and the RAF Lakenheath, RAF Feltwell and Shepherd's Grove Community Activity Centers. For more information call Ext. 2221 or 2146.

Bowling tournament

The next Colourama tournament is at 7:30 p.m. Oct. 4. For more information call Ext. 2108.

Golf course specials

The golf course is running two specials. The first is a five-round punch card. Cost is \$32 for E-1 through E-4s and \$40 for E-5s and up. The second special is a beginners' package. For \$79.95, a beginner gets three lessons, three rounds of golf, three rounds of club rentals, 10 buckets of range balls and \$20 off a set of clubs, if purchased. For more information call Ext. 2223.

Tae Kwon Do

The Shepherd's Grove Community Activity Center offers Tae Kwon Do classes at 7 p.m. Wednesdays and 7:30 p.m. Fridays. Classes are available for children and adults. For more information call (01359) 250269.

Intramural flag football standings as of Sept. 14

48 COMM	9 (
48 SUPPLY	61	
48 MED GRP		
48 SFS		
48 TRNS	64	ĺ
48 MSS		
48 EMS		
493 FS	65)
48 CRS	43	
LANCER FLIGHT		
48 CONS		
18CES		

Intramural golf standings as of Sept. 3

48 CRS 1	. 11	. 1
492 FS	. 10	. 3
48 COMM	. 9	. 2/1
48 EMS 1	. 9	. 2/1
48 SUPPLY	. 9	. 4
494 FS	. 8	. 3
48 OSS	. 7	. 4
EMS 2	. 7	. 4
493 FS	. 7	. 6
48 CRS 2		
DSTS	. 4	. 7
372 TRS Det 16	. 4	. 7/1
48 SUPPLY 2	3	. 7/1
48LSS	. 3	. 8
48 SPS	. 2	. 8
48 MED GRP 1		

Standings provided by the fitness and sports center, Ext. 3607.

Base intramural winners

Intramural horseshoes champion - Randy Otte, 492 FS; intramural tennis champion, singles - Billy Thomas, 48 CES; intramural tennis champions, doubles - Stephen Meigs and Raymond Barbera; and summer league basketball champions - Postive Play.

Adult Swim lessons

The swimming pool offers adult swim lessons from 6:45 - 8:30 p.m. Thursdays. Cost is \$18 for four lessons. Two different classes are offered: adult beginner and stroke improvement. Call Ext. 2815 for details.

Hockey equipment available

The RAFL Skating Pro Shop can meet all of your hockey equipment needs. For details call Ext. 1627.

Feltwell step classes

Free step-aerobics classes are from 7 - 8 p.m. Mondays, Tuesday and Thursdays at the RAF Feltwell Elementary School. For more information call Ext. 5076.